



Starland Guitar System Introduction

Lesson Module 1

After completing this module you will:

A) have a basic understanding of how the Starland Guitar System works as well as be able to name the parts of the guitar without referring to your manual.

B) be able to finger the D and A7 chords and change between them at a slow to moderate tempo without pausing.

C) be able to finger the first 3 notes on the guitar and play along with the “By Copy” video at 90% accuracy.

- 1B – Parts Of The Guitar and Basic Terminology
- 1C – Your 1st Chords: D and A7
- 1D – Notes On The 1st String

Lesson Module 2

In this module you will:

A) review the D and A7 chords and practice them with a new strum.

B) use a simple song to practice changing chords using the melody of a song as the cue. In the process you will also learn your 1st song.

C) study the fundamentals of written music

D) learn to read and play 3 notes on the 1st string at about 80% proficiency.

E) learn and practice one of my favorite chords – the G chord.

- 2A – D and A7 Review and 3/4 Bass Strum
- 2B – First Song With 3/4 Bass Strum
- 2C – Musical Symbols
- 2D – Notes On The 1st String Part 2
- 2E – The Beautiful G Chord



Lesson Module 3

In this module you will:

- A) Learn and become comfortable using a new strum.
- B) Improve your ability to change between all three of the chords you have learned.
- C) Learn a new song and become proficient with changing chords without stopping within a simple song (at least slowly).
- D) Improve your accuracy in placing your fingers in the right place near the frets through using a powerful exercise.
 - 3A – The Basic Down-Up Strum
 - 3B – The 3 Chord Song
 - 3C – Speed Developer
 - 3D – Notes On The Lines

Lesson Module 4

- Reading Music – Notes on Spaces
- By Copy Playing – 1st and 2nd String
- Review; 3/4 Bass Strum; 1st And 2nd String Exercise
- Song – Blue Sky
- Using A Pick

Lesson Module 5

- Introducing The A and E Chords
- Simple Strum With Exercises
- The Shuffle Strum; Music Theory – Note Duration; Rhythm Exercise #1

Lesson Module 6

- Notes On The 2nd String
- Song-Summer Harvest
- The C Chord And 4 Chord Progression
- The Mute Strum



Lesson Module 7

- The E minor Chord (Em) meets the Turnaround In G
- Turnaround In G With Mute Strum
- Ode to Joy (aka Love Me Tender as sung by Elvis Presley)
- Introducing The Beautiful F Chord

Lesson Module 8

- Ode To Joy – Round 2
- Chord Exercise #3
- Introducing The Am Chord
- Am Chord and the Turnaround In C

Lesson Module 9

- Turnaround In C Practice
- Chord Quiz
- Ode To Joy Play-A-Long: Chords, Melody and Theory
- Happy Birthday

Lesson Module 10

- New Chords – E7 and D7
- Theory-Rest Time; Note Name Word Game
- 12 Bar Blues With 7ths

Lesson Module 11

- 3rd String Notes-By Copy Playing
- Blues With 7ths Play-A-Long
- The Double Mute Strum
- Bring it on!... The Spanish Progression

Lesson Module 12

- More Notes On The 3rd String
- Aura Lee (aka “Love Me Tender”)



- The Bass Note Turnaround
- The Bm Chord
- The Beatles Play Flamenco Jazz

Lesson Module 13

- Rhythm Reading Practice
- Latin At Dusk-Part 1
- The 4th String Notes – By Copy Playing

Lesson Module 14

- Note Reading – Notes on the 4th String
- Turnaround Progression in D
- Turnaround Pattern Review
- Speed Developer Play-A-Long: Faster

Lesson Module 15

- 3rd Quarter Review – part 1
- 3rd Quarter Review – part 2
- Chord Review

Lesson Module 16

- The Dm and B7 Chords
- Note Reading – 4th String Exercise
- The 8 Bar Progression

Lesson Module 17

- The 8 Bar Progression – part 2
- The 12 Bar Blues in E
- 3rd and 4th String Note Reading Exercise



Lesson Module 18

- Note Reading – The Gypsy Song
- The Two Bar Strum – part 1
- Level 1 Oral Test

Lesson Module 19

- The House Of The Rising Sun
- Easy Going For Now
- The Two Bar Strum – part 2

Lesson Module 20

- Level 1 Review – Techniques part 1
- Level 1 Review – Techniques part 2
- Level 1 Review – Chords and Strums

Bonus Lessons

- Tuning Your Guitar
- Is There A “Best” Thumb Position?
- Hotel California (by The Eagles)